

# SEPTEMBER 2024 PROGRAMMING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01 	02 <b>CLOSED</b> <b>LABOUR DAY</b>	03 Movie Night 3:00 - 5:00pm 	04 DIY Planner & Chat 3:00-4:00pm 	05 Games Day 4:00-5:00pm	06 Oreo Cheesecake Making 3:00-4:00pm 	07
08 Suicide Prevention Week 	09 Colour and Chill 3:00-4:00pm 	10 Movie Night 3:00-5:00pm	11 9/11 Remembrance Day Flower Pot Painting 3:30-4:30pm 	12 Games Day 4:00-5:00pm	13 Air Dry Clay 3:30-4:30pm 	14
15 Start of National Hispanic Heritage Month	16 Out and About Trivia 4:00 - 5:00pm 	17 Movie Night 3:00 - 5:00pm	18 Back to School Bingo 3:00-4:00pm 	19 Games Day 4:00-5:00pm	20 HeForShe Movement Anniversary Shrinky Dinks 3:00 - 4:00pm 	21 International Day of Peace 
22 Gender Equality Week 	23 International Day of Sign Languages Mini Pizzas 3:30-4:30pm 	24 Movie Night 3:00-5:00pm	25 Friendship Bracelets 3:00-4:00pm 	26 Games Day 4:00-5:00pm 	27 Sandwich Making & Grocery Lists 3:30-4:30pm 	28
29 	30 National Day for Truth and Reconciliation Rock Painting 3:30-4:30pm 	01	02	03	04	05 
<p><b>Supports available for walk-in or appointment:</b></p> <ul style="list-style-type: none"> <li>• Primary care/Nurse Practitioner</li> <li>• Addiction Support</li> <li>• Mental Health Clinician</li> </ul>			<p><b>Supports available daily:</b></p> <ul style="list-style-type: none"> <li>• Peer Support</li> <li>• Wellness Team Services</li> </ul>			