

FEBRUARY 2025 PROGRAMMING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
26	27 	28 	29	30	31 	01 BLACK HISTORY MONTH 
02	03 Black History Month Colouring 4:00-6:00	04 Art with Christine 3:00-6:00	05 Taekwondo with Master Paulo 4:30-5:30	06 Monopoly Night 4:00-6:00	07 Spa Night 4:00-6:00	08
09	10 Out n About 4:00-5:00  Bracelet Making 4:00-6:00 	11 Art with Christine 3:00-6:00	12  DIY Stressballs 4:30-6:00	13 Group Drop-In Tutoring 4:00-6:00 YAC 4:00-5:00	14  Valentines Day Cookie Decorating 4:00-6:00	15
16	17 	18 Art with Christine 3:00-6:00 	19 Taekwondo with Master Paulo 4:30-5:30 	20 Group Drop-In Tutoring 4:00-6:00 Yogurt Parfaits 4:00-5:00 	21 	22
23 	24 Out n About 4:00-5:00  Pool and Ping Pong Tournament 4:00-6:00 	25 Art with Christine 3:00-6:00	26	27 Group Drop-In Tutoring 4:00-6:00	28 Movie Night 4:00-6:00	29

Supports available for walk-in or appointment:

- Primary care/Nurse Practitioner
- Addiction Support
- Mental Health Clinician

Supports available daily:

- Peer Support 11am-6pm
- Wellness Team Services 11am-6pm