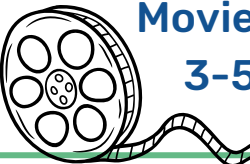
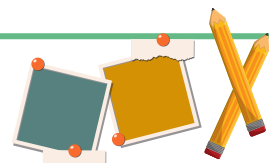














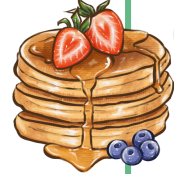


# JANUARY 2025 PROGRAMMING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	31	01 <b>CLOSED</b>	02 <b>CLOSED</b>	03 <b>CLOSED</b>	04
05	06 Bracelet Making 4-5	07 Movie Night 3-5pm 	08 Shrinky Dinks 4-5pm 	09 Therapy Dog Lola 3:30 Games Day 4-5pm 	10 Nail Painting 4-5pm 	11
12	13 Out and About Meeting 4-5pm	14 FYE Program 4-6pm	15 New Years Resolutions + Vision Boards 3-5pm 	16 Games Day 4-5pm 	17 Monster Cookie Ball Making 3-5pm 	18
19	20 Warm Drink Making 3-5pm	21 Therapy Dog Lola 3:30 Movie Night 3-5pm   	22 Colour and Chill 4-6pm 	23 Games Day 4-5pm 	24 Cookie Decorating 3-5pm 	25
26 	27 Out and About 4-5pm	28 Movie Night 3-5pm	29 YAC Meeting 4:30-5:30 	30 Games Day 4-5pm 	31 Pancake Day 3-5pm 	01

Supports available for walk-in or appointment:

- Addiction Support
- Mental Health Services

Supports available daily:

- Peer Support 1pm-6pm
- Wellness Team Services 1pm-6pm