

APRIL 2025 PROGRAMMING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31	01	02	03	04	05
06	07  Flex Your Emotions (Out n About) 4-6pm Substance Use Presentation 11:45-12:15	08  Art with Christine 3-6pm	09  Guitar 3-4:30pm	10  Group Drop-In Tutoring 4-6pm	11  Movie Night 4-5pm	12
13	14 Pin Making 3-5pm	15  Art with Christine (Lotus Flower Lantern Making) 3-6pm	16  Stretch and Movement 3-4:30pm	17 YAC 4-5pm  Group Drop-In Tutoring 4-6pm	18 CLOSED	19
20	21  Out n About 4-5pm Easter Cookie Making 3-5pm 	22  Art with Christine (Earth Day Seed Bombs) 3-6pm	23  Guitar 3-4:30pm	24  Group Drop-In Tutoring 4-6pm Breakfast Wraps 4-5pm 	25  Movie Night 4-5pm	26
27	28 Volunteer Appreciation Crafts 3-4pm	29  Art with Christine 3-6pm	30  Stretch and Movement 3-4:30pm	01	02	03

Supports available for walk-in or appointment:

- Primary care/Nurse Practitioner
- Addiction Support
- Mental Health Clinician

Supports available daily:

- Peer Support 11am-6pm
- Wellness Team Services 11am-6pm