

APRIL 2025 PROGRAMMING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
30	31 Drop-In 2-7pm Colour and Chill 4-6pm	01 Drop-In 2-7pm Therapy Dog Lola 3:30-4:30pm	02 Drop-In 2-7pm Creative Writing Night 4-6pm	03 Drop-In 2-6pm	04 Drop-In 2-6pm Nail Painting 2:30-5:30pm	05
06	07 Drop-In 2-7pm Out and About 4-5pm	08 Drop-In 2-7pm	09 Drop-In 2-7pm Paint Night 2:30-5pm	10 Drop-In 2-7pm Therapy Dog Nyx 5:15-6:15pm	11 Drop-In 2-6pm Smoothie Making 2:30-5pm	12
13	14 Drop-In 2-7pm Creative Writing Night 4-6pm	15-17 Open For Wellness Services By Appointment			18 CLOSED	19
20	21-26 Open For Wellness Services By Appointment					26
27	28-03 Open For Wellness Services By Appointment					03

Supports available for walk-in or appointment:

- Primary care/Nurse Practitioner
- Addiction Support
- Mental Health Services

Supports available daily:

- Peer Support 2pm-7pm @ The Grove on Woolwich
- Wellness Team Services by appointment 11am-1pm & 2pm-7pm