



## JANUARY 2025 PROGRAMMING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THUF
29	30	31	01	Group Dro 02 3:0 FEWG Family Games Nig
05	06 Cooking with Tracey 3:00-4:00 Smash Bros Tournament	07 Art with Christine 4:00-6:00	08 Taekwondo with Master Paulo 5:00-6:00	09 Group Tut 3:00 Chillax a 5:0
12	<b>Cooking with Tracey</b> 13 <b>3:00-4:00</b> <b>Uno Tournament</b> +(0&A) <b>5:00-6:00</b>	14 Art with Christine 4:00-6:00	15 Floor Hockey Tournament 5:00-6:00	Group 16 Tut 3:00 YAC 4 DIY Stressb
19	20 Cooking with Tracey 3:00-4:00 PJ Movie Night 4:00-6:00	21 Art with Christine 4:00-6:00	22 Taekwondo with Master Paulo 5:00-6:00	23 Group Tut 3:00 Games Nig
26	Cooking with Tracey   27 3:00-4:00   Spill the Tea + (0&A)   5:00-6:00	28 Art with Christine 4:00-6:00	29 Concurrent Mario Cart 5:00-6:00	Group 30 Tuto 3:00 DIY Starbu 5:00
Supports available for walk-in or appointment: • Primary care/Nurse Practitioner • Addiction Support • Mental Health Clinician				

## **FERGUS**

## DROP-IN HOURS: MONDAY - FRIDAY 11AM-6PM (CLOSED 1-2PM EVERYDAY)

