



Primary care/Nurse Practitioner

Addiction Support

Mental Health Clinician

OCTOBER 2024 PROGRAMMING

No Appointment needed

• Wed/Thurs 3:00 - 5:00 pm

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	Treaty Day O1 Marvel/DC Themed Movie Night 3:00 - 5:00pm	02 Board Game Night 4:00 - 5:00pm	03 Tutoring 3:00 - 5:00pm	O4 St. Francis Day National Day of Action for Missing and Murdered Indigenous Women and Girls	05
06 Mental Illness Awareness Week	07	International Lesbian Day O8 Musical Themed Movie Night 3:00 - 5:00pm OUT and ABOUT meeting 12:00 - 12:30pm	Pool Tournament 3:30 - 6:00pm Let's Get Real Employment 3:30-5:00pm	10 World Mental Health Day Tutoring 3:00 - 5:00pm	11 International Day of the Girl Child National Coming Out Day	12 Yom Kippur Dussehra
13	14 Thanksgiving Day Closed	International Day of Rural Women Concurrent Movie Night 3:00 - 5:00pm	International 16 Pronouns Day Ping-pong Tournament 4:00 - 5:00pm Let's Get Real Employment 3:30-5:00pm	17 Tutoring 3:00 - 5:00pm	18 Persons Day	19
20 Ace Week Invisible Disabilities Week	21	22 Guided fall paint 4:00 - 5:00pm OUT and ABOUT meeting 12:00 - 12:30pm	Shemini Atzeret Concurrent Trivia 4:00 - 5:00pm Let's Get Real Employment 3:30-5:00pm	24 Tutoring 3:00 - 5:00pm	Simchat Torah 25	26 Intersex Awareness Day
27	28	29 Pumpkin painting	30 Scary Movie Night 3:00 - 5:00pm Let's Get Real Employment 3:30-5:00pm	31 Halloween Tutoring 3:00 - 5:00pm	01	O2 Sato the woods
	Supports available for walk-in or appointment: Supports available daily: Tutoring available:					

PALMERSTON

Wellness Team Services

Peer Support