

# OCTOBER 2024 PROGRAMMING

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
29	30	01 <b>Treaty Day</b> <b>Movie Night</b> 3:00-5:00pm	02 <b>Mug Cakes</b> 3:00-4:00pm	03 <b>Games Day</b> 4:00-5:00pm	04 <b>St. Francis Day</b> National Day of Action for Missing and Murdered Indigenous Women and Girls <b>Tote Bag Painting</b> 3:30-4:30pm	05
06 <b>Mental Illness Awareness Week</b>	07 <b>Nail Painting</b> 3:30-4:30pm	08 <b>International Lesbian Day</b> Flex Your Emotions Program 5:30-7:30	09 <b>Milkshake Making</b> 3:30-4:30pm	10 <b>World Mental Health Day</b> <b>Games Day</b> 4:00-5:00pm	11 <b>International Day of the Girl Child</b> National Coming Out Day <b>Watercolour Painting</b> 3:30-4:30pm	12 <b>Yom Kippur</b>  <b>Dussehra</b>
13	14 <b>CLOSED</b> Thanksgiving	15 <b>International Day of Rural Women</b> <b>Movie Night</b> 3:00-5:00pm	16 <b>International Pronouns Day</b> <b>Caramel Apples</b> 3:00-4:00pm	17 <b>Games Day</b> 4:00-5:00pm	18 <b>Persons Day</b> <b>Mini Scarecrow Craft</b> 3:00-4:00pm	19
20 <b>Ace Week</b> <b>Invisible Disabilities Week</b>	21 <b>Leaf Bean Art</b> 3:30-4:30pm	22 <b>Movie Night</b> 3:00-5:00pm	23 <b>Shemini Atzeret</b> <b>Root Beer Floats</b> 4:00-5:00pm	24 <b>Therapy Dog Lola</b> 3:30pm <b>Games Day</b> 4:00-5:00pm	25 <b>Simchat Torah</b> <b>Ring Making</b> 3:00-5:00pm	26 <b>Intersex Awareness Day</b>
27	28 <b>Pumpkin Painting</b> 3:00-4:30pm	29 <b>Awesome Music Hour</b> 4-5pm	30 <b>Apple Nachos</b> 4:00-5:00pm <b>YAC 3:30pm</b>	31 <b>HALLOWEEN</b> <b>Halloween Party &amp; Costume Contest</b> 3:30pm	01	02

**Supports available for walk-in or appointment:**

- Primary care/Nurse Practitioner
- Addiction Support
- Mental Health Clinician

**Supports available daily:**

- Peer Support
- Wellness Team Services